

Discussion Questions for
“Endurance – Our Spiritual Marathon”
3/20/22 from Hebrews 11:32-12:3

(You may not want to read these until after you’ve heard the sermon.)

1. Share about a time when you or someone you know was in some kind of a race. What are some of the spiritual lessons that we might learn from races?
2. Read Hebrews 11:32-38. What do you think these various examples can teach us about spiritual endurance?
3. Hebrews 11:34 says that these ancient believers had their weakness turned to strength. How might this explain their ability to endure? (Consider 2 Corinthians 12:9-10; and Isaiah 40:28-31)
Hebrews 11:39 says that they were all commended for their faith. How might this explain their ability to endure? (Consider Hebrews 11:1-2, 6)
4. Read Hebrews 12:1. Who are some of your more recent faith heroes, people who ran their race well during your lifetime? How has their spiritual example helped you develop spiritual endurance? (Consider 1 Corinthians 11:1 and Hebrews 6:12)
5. What are some examples of “everything that hinders” versus “sin that so easily entangles”? (Hebrews 12:1)
How might hindrances be different than sins?
6. Read Hebrews 12:2-3. How does “fixing our eyes on Jesus” help us to “not grow weary and lose heart”? (Consider Hebrews 6:19-20a)
7. Read Hebrews 10:23-25 and 1 Timothy 4:12. How can we encourage one another toward spiritual endurance?