

# WELCOME

**WORSHIP SERVICE**  
Trusting God Even When It's Difficult,  
Proverbs 3:1-7  
Pastor Albin preaching

**To E-FREE Bemidji - June 7, 2020**

## NEW HERE?

Check out our website for more information about our church. Feel free to reach out to us with any questions. We'd love to get to know you more!

## LIVESTREAM

Both of our regular Sunday services are livestreamed at our normal times. Join us online at 8:30 am for a more traditional service or at 10:45 am for a more contemporary service.

We will continue to just livestream our services until further notice.

## For Your Information

### Adult Discipleship

We are offering adult discipleship courses this summer. Sundays at 9:45 A.M., beginning June 7th, we will be hosting a Zoom book discussion of Knowing God by J.I. Packer. A limited number of books will be available for \$11.00. Contact the church office to reserve a copy. Beginning Tuesday, June 9th at 7:00 P.M. we will begin a Zoom study of the book of Hebrews called Discipleship and Discouragement. Please visit [www.efcbemidji.org/events](http://www.efcbemidji.org/events) for more information and to preregister. A Zoom link will be emailed to you.

### Painters Wanted

Ron Bodenheimer is seeking volunteers to help with painting the CLC. Contact Ron at [rlbskate@gmail.com](mailto:rlbskate@gmail.com) or call the church office.

### Baby Birth!

Congratulations to Corbin and Kayden McCray on their new baby boy, Easton Moore McCray, who was born May 30th!

### Summer Fun Slideshow

We want to see what you've been up to! Send us your recent family photos at [efree@paulbunyan.net](mailto:efree@paulbunyan.net) by Wednesday the 10th to be included.

### Summer Youth Group

This summer we will be having High School only youth group starting Sunday June 7 at 5:30 on Zoom. Middle School only youth group will be on YouTube Live starting Wednesday June 10 at 6:30. For questions, contact Pastor Albin at [pastoralbin@efcbemidji.org](mailto:pastoralbin@efcbemidji.org).

### 5/24/20 Livestream Attendance:

8:30 Service - 82 screens in 32 countries and 10 states  
10:45 Service - 59 screens in 6 states

### SERMON SNEAK PEAK

June 14: "Wisdom & Warnings"  
Proverbs 1:1-7

June 21: "Preparing the Next Generation" Proverbs 2:1-8 or 4:1-13

## For Your Information (Continued)

### SUNDAY MORNING ACTIVITIES

Here is some information on regular Sunday morning activities that you can still do from home!

#### BULLETIN

If you would like a paper copy of the bulletin mailed to you, please let the church office know. You can also find the bulletin online at: <https://efcbemidji.org/watch-read/resources/>.

#### SERMON

If you would like a copy of the sermon transcript mailed or emailed to you, please let the church office know. You can also find the sermon online at: <https://efcbemidji.org/watch-read/resources/>.

Tune in on Sunday mornings during our regular service times on your TV, phone or computer to watch our livestream services! Find out more on how to do this on our website.

#### GIVING

Check out our website for a list of your giving options including: giving over the phone with Vanco, mobile-app giving, text-to-give, mailing in a check, giving online, and setting up automatic giving withdrawals.

#### FELLOWSHIP

Even though it isn't advised to be around other people during this time, it's still important to stay connected with one another! Take some time this week to reach out to others and catch up on life together by calling, emailing or texting.

## WEEKLY EVENTS:

### Sunday

8:30 AM Traditional Service  
Livestreamed  
9:45 AM Adult Discipleship studies,  
on zoom  
10:45 AM Contemporary Service  
Livestreamed  
5:30 PM High School Youth Group  
on Zoom  
6:30 PM Second Sunday Prayer

### Tuesday

9:00 AM Staff Prayer Meeting via  
Zoom  
7:00 PM GCT Zoom Meeting

### Wednesday

6:30 PM Middle-School Youth  
Group on YouTube Live  
7:00 PM EFCA Prayer Event Online  
7:30 PM Discipleship Explored  
Zoom Meeting

### Thursday

7:00 PM Worship Team Practice

### Two Opportunities to Pray Together

You are invited to take part in two special prayer events this week. On Wednesday, June 10th at 7:00 P.M. join with EFCA churches across the country for United in Prayer, an EFCA Virtual Gathering. Visit [www.efcbemidji.org/events](http://www.efcbemidji.org/events) for more information.

Then, on Sunday, June 14th at 6:30 P.M. we hope you will join us in our church parking lot (weather permitting) for Second Sunday Prayer. Details to follow, but we will plan to maintain safe social distancing. Please note that the building will still be closed and restrooms will not be available. Please contact Pastor Eric at [pastor.nygren@gmail.com](mailto:pastor.nygren@gmail.com) if you have any questions.

### UPCOMING EVENTS

August 6-7 - Global Leadership  
Summit ONLINE Only

# June 7, 2020 at E-FREE CHURCH OF BEMIDJI

LIVING FOR GOD AND BECOMING FULLY  
DEVOTED FOLLOWERS OF JESUS TOGETHER

E-Free Church Online

[www.efcbemidji.org](http://www.efcbemidji.org) | Instagram & Facebook: @efcbemidji

## Other Info

Livestream link:

[www.efcbemidji.org/live](http://www.efcbemidji.org/live)

Email [pray@efcbemidji.org](mailto:pray@efcbemidji.org) to share a  
prayer request or to join our church  
email prayer chain.

Wi-Fi password: efreebemidji

## Staff Team

Lead Pastor - Jerry Johnson

Associate Pastor - Eric Nygren

Youth & Young Adults Pastor - Albin Sterneman

Kids Ministries Director - Gerri Thorsgard

Visitation Caregiver - Kay Sue Eriksson

Facility Supervisor - Ron Bodenheimer

Audio/Visual Supervisor - Steven Miller

Office Manager - Kate Toriseva

## GIVING

For May 31, 2020

**WEEKLY GIVING:**

\$7,067

**WEEKLY NEEDED:**

\$14,923

**GIVEN YTD:**

\$295,820

**NEEDED YTD:**

\$328,306

Go to our website to find out  
more ways to give at:

[www.efcbemidji.org/give](http://www.efcbemidji.org/give)

## Church Office

(218) 751-8834

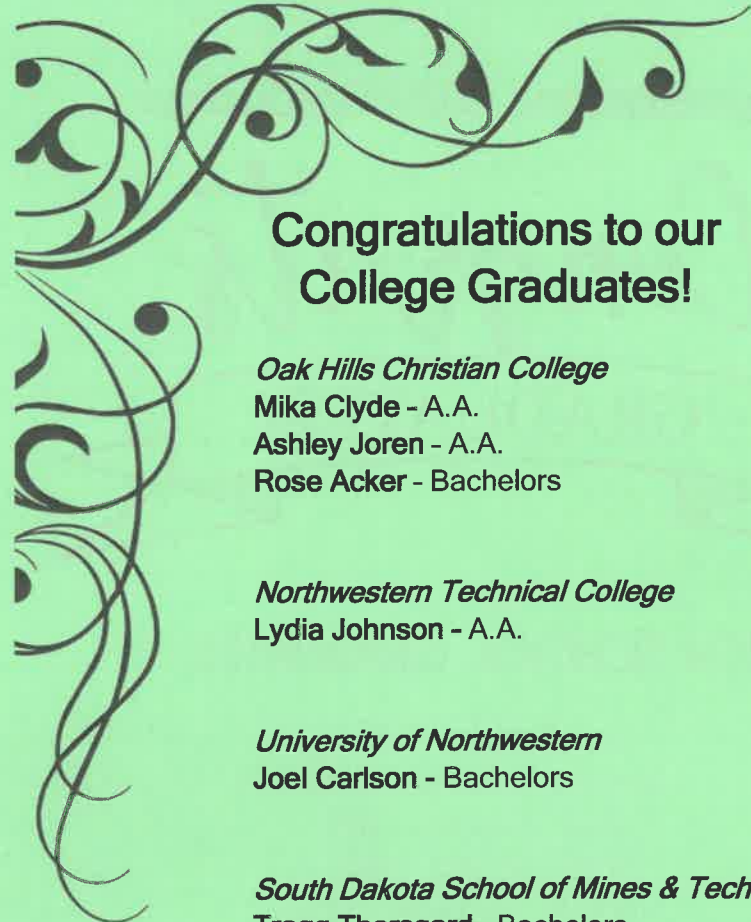
[efree@paulbunyan.net](mailto:efree@paulbunyan.net)

115 Carr Lake Rd. SW, Bemidji, MN 56601 - [www.efcbemidji.org](http://www.efcbemidji.org)



HE  
walks  
WITH  
ME  
daily





**Congratulations to our  
College Graduates!**

***Oak Hills Christian College***

**Mika Clyde - A.A.**

**Ashley Joren - A.A.**

**Rose Acker - Bachelors**

***Northwestern Technical College***

**Lydia Johnson - A.A.**

***University of Northwestern***

**Joel Carlson - Bachelors**

***South Dakota School of Mines & Technology***

**Tragg Thorsgard - Bachelors**

***Walden University***

**Mishel Carlson - Master of Education**

***Maryville University***

**Amber Wendorff - Master of Science in Nursing**

**Annelise Sterneman - Doctorate of Nursing Practice**

**Congratulations 2020 Graduates!**

***Congrats***



**GRADUATES!**

**HIGH SCHOOL GRADUATES**

Emma Bush - BHS

Serena Johnson- BHS

Ethan Oakes - BHS

Elijah Riegert - BHS

Lindsey Jackson - HS

Cale Mouser - HS

Elizabeth Westlund - HS

Ben Anderson - HCCS

**Serena Johnson Open House**

Saturday June 20 from 12:00-4:00. 3214 Arrowwood Circle NW  
People can either drive by and holler, a hi from their car or park and  
social distance in the fresh air. Masks are appropriate attire.

## Trusting God Even When It's Difficult

*Proverbs 3:1-7*

6/07/2020 – Pastor Albin Sterneman

## **Sermon-based Discussion Questions**

*Trusting God Even When It's Difficult, June 7, 2020*

*Proverbs 3:1-7*

SPOILER ALERT:     *You may not want to read these until  
AFTER you have heard the sermon.*

6. What do you trust most in your life? Why do you trust some things (military, family, etc.) more than other things (Facebook, politicians, etc.)? When it comes down to it, what is actual Trust? How does control play into trust? Why do we as humans struggle with control?
7. Why is having a proper mindset so important when trusting God? What would the mindset be based off of? (Proverbs 3:1-2) Do you trust in your heart that the gospel is true? How does the gospel shape our mindset in life?
8. Faith without works is dead (James 2:14-26). If we only trusted God in our minds and did not live that trust out it would be useless. What are some ways we can use out trust in God in our daily lives? Producing action. What kind?
9. Pastor Albin mentioned that Proverbs 3:5-6 is where many people walk away from the Lord. Why is that? What about these verses is both difficult and rewarding? Do you see these verses play out in your life? What are some examples where you have had to live these verses out?
10. In your life you have had questions. We all have. What are some of the BIG questions you have? For example “Why does God allow evil in the world?” This week as you look at the news and your life, explore some of those questions, write them down and see what God’s word has to say about them. The church has several resources and can help guide you. Some questions will never be answered, but often times God does help us understand.

**THE 2020 SUMMER RECITAL Virtual SERIES****Our 33<sup>rd</sup> Season****WEDNESDAYS, NOON TO 12:30 P.M.****View on FaceBook: [BACMusicians](#) or YouTube channel: [BemidjiACM](#)**

<b>June 3</b>	<b>First City Handbell Choir, Carol L. Johnson and Vicki L. Stenerson, co-directors</b>	<b>St. Bartholomew's Episcopal Ch.</b>
<b>June 10</b>	<b>Calvary Lutheran Musicians, Mattie Snyder, cello, Amanda Willis, piano, Shar Paquette, organ, Tayler Borders, vocal, Tony Kerr, saxophone. Joel Roberts, tenor saxophone</b>	<b>Calvary Lutheran Church</b>
<b>June 17</b>	<b>Stacy Crystal, piano</b>	<b>First Presbyterian Church</b>
<b>June 24</b>	<b>Shared Organ Recital, Maddy Lawrence, Linda Wagner, Sarah Carlson, Phil Hermann</b>	<b>United Methodist Church</b>
<b>July 1</b>	<b>St. Mark's Lutheran Musicians</b>	<b>St. Mark's Lutheran Church</b>
<b>July 8</b>	<b>Bemidji Brass Quintet Kyle Reiss, Scott Guidry, Ryan Webber, Brendan Paulsen, Eve Sumsky</b>	<b>First Baptist Church</b>
<b>July 15</b>	<b>Lois Simonson, piano, Kari Miller, flute, Janet Pederson, violin, Sanna Gustafson, saxophone</b>	<b>Evangelical Covenant Church</b>
<b>July 22</b>	<b>Trinity Lutheran Musicians</b>	<b>Trinity Lutheran Church</b>
<b>July 29</b>	<b>St. Philip's Musicians</b>	<b>St. Philip's Church</b>
<b>August 5</b>	<b>Cheryl Durant, piano Traci Schanke, soprano Annalise Aakhus, mezzo-soprano</b>	<b>New Salem Lutheran Church</b>
<b>August 12</b>	<b>Jennifer (Paquette) Ellis, piano, folk harp</b>	<b>Calvary Lutheran Church</b>
<b>August 19</b>	<b>Glenn Seibel, euphonium Wayne Hoff, piano</b>	<b>United Methodist Church</b>
<b>August 26</b>	<b>Sarah Carlson, organ</b>	<b>First Lutheran Church</b>

**FREE WILL DONATION**

**All donations support the development of musical gifts for area students**