

# LIFEGROUPS

learning together • loving one another

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## Sermon-based Discussion Questions<sup>1</sup>

“Training Ourselves to be Godly” from 9/15/19

1 Timothy 4:1-16



**SPOILER ALERT:** *You may not want to read these until AFTER you have heard the sermon.*

1. Why did you decide to try a Life Group? Do you have any concerns or questions about what this group is all about? Are you considering the Blue Ox?
2. Comment on the discipleship mission of “becoming fully devoted followers of Jesus together.”
3. In what ways is the comparison between physical training and spiritual training helpful? Or unhelpful?
4. How is training ourselves to be godly connected to “sanctified sweat?” How would you explain the statement, “godliness takes work?” How does 1 Timothy 3:16 apply to this?
5. Why do you think the Apostle Paul might have written the words of 1 Timothy 4:7-8 to young Timothy? What other parts of the Bible relate to these verses?
6. Give some examples of a Spiritual Discipline. How can they deepen our faith? What particular Spiritual Discipline are you most interested in developing in your life? How could our Life Group encourage you or cheer you on with this?

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<sup>1</sup> Sermon archive available at <https://efcbemidji.org/watch-read/sermons/sermon-list/>  
Life Group Questions available at <https://efcbemidji.org/watch-read/resources/category/life-group-questions/>